



LIVING BEYOND
BREAST CANCER®



IF YOU'RE UNDER 45 AND
**diagnosed with
breast cancer,**

YOU'RE NOT ALONE.

**OUR PROGRAMS AND RESOURCES CAN HELP YOU
COPE AND CONNECT WITH OTHERS LIKE YOU.**

Living Beyond Breast Cancer is a nationwide nonprofit made up of a powerful community bonded by breast cancer. For 30 years, we've offered emotional, practical, and trusted information and a community of support to people diagnosed with all stages of breast cancer.

As a young woman with breast cancer, your experience is unique.

WE'RE HERE TO TALK ABOUT THE TOPICS YOU CARE ABOUT NOW.

Maybe you're in a relationship. Maybe you don't have children but would like to someday. Or maybe you have kids and need guidance on parenting after your diagnosis. Wherever you are, we can help.

From fertility and family planning to questions about early menopause and breast reconstruction, we'll make sure you get the information and support you need to feel prepared and empowered.

FIND YOUR PEOPLE

Interact with young women who share similar experiences.

Join our closed Facebook group: **BREAST CANCER SUPPORT FOR YOUNG WOMEN**

Get matched with a trained volunteer, who has also been diagnosed at a young age, for emotional support, guidance, and hope on our Helpline. **888-753-5222 | LBBC.ORG/HELPLINE**

MAKE INFORMED DECISIONS

Find relevant information, research news, blogs, and interviews with our on-demand web content. **LBBC.ORG/YOUNGWOMEN**

Attend our events and virtual live programs tailored to your physical and emotional needs. **LBBC.ORG/PROGRAMS**

Sign-up for our **YWiConnect** text message service for the latest news, information, and programming for young women.

TEXT 'LBBC' TO 25827

EMPOWER & ADVOCATE

Become a Young Advocate and use your personal experience to make a difference in the lives of others.

LBBC.ORG/YOUNGADVOCATE



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