1. **Fill out with your doctor to share with your loved ones.**

   The name of the mutation is _______________. Being positive for this mutation means ________________
   ________________

   If you also have this mutation, you have between a ___% and ___% risk of ___________ over your lifetime.

   Doctors recommend you be tested for this mutation at or after age ______________________

2. **Try these conversation starters to get the discussion going:**

   » “I just had genetic testing and learned that my breast cancer is linked to a gene mutation we have in our family. It’s possible you also carry it and have a higher risk of breast cancer. Would you like to know more?”

   » “I tested positive for a _____ mutation. The mutation causes breast cancer, but there are things you could do to help prevent you or your children from developing it. Can I give you more information? You might want to be tested.”

   *Continued on back*
3. Not every family member will want to get tested, and some may not want to talk to you about what being positive means. If this happens, you can respectfully try these replies:

   » “I respect that. If you decide you want to talk more later, you can always reach out. Just let me know.”

   » “I hear you. Would you like me to leave my genetic counselor’s contact information? That way if you want to learn more, you can contact them directly.”

☐ Let our office know if you need more information to share with your family.

I’d like more information about ___________________________________________

My provider’s contact information:

Address ________________________________________________________________

Practice name _____________________________ Phone number __________________