



LIVING BEYOND BREAST CANCER®

Living Beyond
Breast Cancer's 17th
annual Conference
on Metastatic Breast
Cancer will be held
April 26–30, 2023 as
a *hybrid conference*.
We will be back in
Philadelphia, PA
in person and *virtually*
via our online
conference platform.

Sessions and activities are held
as indicated: in person, virtual (via
the Webex Events (formerly Socio)
platform/app), or in person & virtual.
All activities are scheduled per
Eastern Time (ET).

- virtual
- in person
- in person & virtual

WEDS, APRIL 26

Virtual kickoff day of programming—all
sessions and activities are **virtual**; there
is no in-person component.

● 12:00–1:00 P.M.

Breakout sessions

Newly diagnosed: A guide for
understanding a diagnosis of MBC
Zanetta Lamar, MD

Living long term with MBC:
Making treatment decisions
Virginia Borges, MD, MMSc

Bone mets
Carmen Bergom, MD, PhD
Katherine N. Weilbaecher, MD

Managing side effects
Kimberly A. Curseen, MD

● 1:00 – 1:30 P.M.

Video-enabled hangouts

● 2:00 – 3:00 P.M.

Breakout sessions

Newly diagnosed: Managing
emotions
Celeste Vaughan-Briggs, LCSW

Living long term with MBC: A
panel discussion on the tough stuff
Cheryl Hughes, MSW, LCSW,
OSW-C, *facilitator*
Panelists coming soon

The cost of cancer for MBC patients
Pam Traxel
Mary E. Costello

Managing pain
Joshua A. Jones, MD, MA

FRI, APRIL 28

All sessions and activities are **in person**;
there is no virtual component.

● 3:00–8:00 P.M.

Early registration

● 4:00–5:00 P.M.

Special event

Art therapy for grounding in
the present moment

Stephanie McLeod-Estevez, LCPC

● 6:00–7:00 P.M.

Networking dinner

● 7:00–7:45 P.M.

Meetups and desserts

● 8:00–8:45 P.M.

Yoga nidra

Farah Hassanbhai-Kapoor

SAT, APRIL 29

- **8:00 A.M.**
Virtual exhibit hall
- **8:00–10:00 A.M.**
Registration
- **8:30 A.M.–4:00 P.M.**
Exhibit hall
- **8:30–9:30 A.M.**
Breakfast & exhibits
- **9:45–11:00 A.M.**
Keynote
Ask the expert: Diet, physical activity, and sleep
Rachel Beller, MS, RDN
Pallav Mehta, MD
- **10:00–11:00 A.M.**
Breakout
Care for the caregiver: When someone you love has metastatic breast cancer
Gregory D. Garber, MSW, LCSW
- **11:00–11:30 A.M.**
Stretch and snack break & exhibits
- **11:00–11:30 A.M.**
Video-enabled hangouts
- **11:45 A.M.–1:00 P.M.**
Keynote
Recently approved therapies and promising approaches for the future
Nancy U. Lin, MD
- **1:00–1:45 P.M.**
Break
- **1:00–2:15 P.M.**
Lunch and exhibits
- **1:45–2:15 P.M.**
Video-enabled hangouts

- **2:30–3:30 P.M.**
Keynote
Coping with grief
Kelly Grosklags, LICSW, BCD, FAAGC
- **3:30–4:00 P.M.**
Stretch and snack break & exhibits
- **4:00–5:00 P.M.**
Keynote
Reclaiming the body's healing power through movement & dance
Nancy Herard-Marshall, MS, LCAT, BC-DMT
- **7:00 P.M.**
Optional special event*
Philadelphia Motorcoach Tour
*Tickets are required for this event

SUN, APRIL 30

- **8:00–9:00 A.M.**
Yoga nidra
Farah Hassanbhai-Kapoor
- **9:00–9:45 A.M.**
Continental breakfast
- **9:45–11:00 A.M.**
Keynote
Shared voices: Learning from each other
Thomasina Butler
Sheila Godreau
Cheryl Law
- **11:00–11:30 A.M.**
Break
- **11:30 A.M.–12:30 P.M.**
Closing Keynote
Living well with metastatic breast cancer
Stephanie Broadnax Broussard, LCSW, ACHP-SW
Don S. Dizon, MD, FACP, FASCO
- **12:30 P.M.**
Closing remarks

- **virtual**
- **in person**
- **in person & virtual**

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