

## **"I LEARNED TO APPRECIATE MY BODY** and love it even though it betrayed me." —Shangrong, diagnosed at age 43



"Finding my voice is really sharing my experience with breast cancer and not being afraid to talk about it or feel shame for it."

Shangrong found Living Beyond Breast Cancer on Instagram and joined our Young Advocate Program in 2021. She learned what participating in advocacy means, the many ways to be an advocate, and how she can help others.

**DONATE** to Living Beyond Breast Cancer today to help more women like Shangrong #**Thrive365** 



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