



# LIVING BEYOND BREAST CANCER®



We've compiled key statistics about breast cancer that you can use in your social media posts, emails, or when talking to the media. Turn the page over for information about Living Beyond Breast Cancer.

## Breast cancer

is the most common cancer in women in the United States, except for skin cancers.

In 2023, an estimated  
**300,590 people**

**297,790 WOMEN  
AND 2,800 MEN**

will be diagnosed with  
invasive breast cancer  
in the U.S.

About  
**1 in 8 U.S. women**  
will develop  
invasive breast  
cancer

over the course of their lives.

Anyone  
with breast  
tissue can  
get breast  
cancer,  
**even men.**

AN ESTIMATED  
**168,300**

people in the U.S. now live  
with metastatic, or stage IV,  
breast cancer. Metastatic breast  
cancer is breast cancer that has  
spread to other parts  
of the body.

**Black women**  
are **40% more**  
**likely to die**

from breast cancer than  
white women, despite  
lower incidence of disease.

**9% of all breast  
cancer cases occur  
in women  
45 years old  
and younger.**

An estimated  
**43,780**  
people will lose  
their lives

to stage IV or metastatic  
breast cancer in 2023.

**85%**  
of women who get  
breast cancer have no  
family history with it.

# THRIVE 365

For people affected by breast cancer, awareness isn't limited to a month. It's every day. It is 365. And there's not just one way to have breast cancer.

People are taking control of their experience and thriving by making choices that express their values and individuality. Some are **using scalp cooling** to preserve their hair during chemotherapy while others **sport colorful scarves** or **rock the bald look**. Some are **opting for DIEP flap reconstruction** while others are **embracing going flat**. Some **embrace meditation** or **plant-based diets**, while others take up **journaling** or **advocacy**. There is more than one way to have breast cancer. At Living Beyond Breast Cancer is where you learn to live with it on **YOUR TERMS**.

## ABOUT Living Beyond Breast Cancer

Living Beyond Breast Cancer is a national nonprofit organization that provides trusted information and a community of support to those impacted by breast cancer so no one impacted by breast cancer feels uninformed or alone.

Each year we connect over 600,000 people to trusted medical information so they can make the best decisions for themselves.

Living Beyond Breast Cancer is one of the highest ranked breast cancer charities in the United States. For 18 straight years, we have earned a 4-star rating from Charity Navigator, the highest possible ranking for financial health and accountability.

84 cents of every dollar raised goes directly to programming and resources for people diagnosed with breast cancer.

Living Beyond Breast Cancer knows that finding ways to support emotional and

mental health is just as important as getting the right cancer treatment.

- Our peer-to-peer Breast Cancer Helpline answers calls from people during their hardest days. Each year, we help over 750 people with emotional support, guidance, and hope.
- Our blog has been named one of the Best Breast Cancer Blogs by Healthline. It's home to personal stories of people impacted by breast cancer, including the voices of those often underrepresented such as people living with metastatic disease, young women, and Black women.

In 2022 we distributed over 450 grants totaling \$471,500 to women in treatment so they can focus on their health instead of their bills.



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Living Beyond Breast Cancer

[lbbc.org/thrive365](https://lbbc.org/thrive365)

#LiveBeyondBC

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**MONISHA PARKER**

Associate Director of Marketing

**(855) 807-6386**