Breast cancer facts

Breast cancer is the most common cancer in women in the United States, except for skin cancers.

About **1 in 8 U.S. women** will develop invasive breast cancer over the course of their lives.

Anyone with breast tissue can get breast cancer, even men.

Approximately 15% of women who get breast cancer have a **family member** diagnosed with it.

In 2025, an estimated 170,000 people in the U.S. live with metastatic, or stage IV, breast cancer. **Metastatic breast cancer** is breast cancer that has spread to other parts of the body.

For the last 30 years, the mortality rate for breast cancer has been declining. But at the same time, the **rate of people diagnosed with breast cancer has been rising**.

In 2025, an estimated **42,680 people in the U.S. will die** from metastatic breast cancer.

Learn more about breast cancer lbbc.org/aboutbc



Black women are 38% more likely to die from breast cancer than white women, despite lower incidence of disease.

10% of all breast cancer cases happen in women 45 years old and younger.

Breast cancers in women under 45 are more likely to be diagnosed at a **later stage** than older women.

Young women tend to have **dense breasts**. Mammograms are less likely to find tumors in women with dense breasts.

LIVING BEYOND BREAST CANCER®