

# LIVING BEYOND BREAST CANCER®

## BREAST CANCER FACTS

**1 OUT OF 8**

U.S. women will develop invasive breast cancer over the course of their lives.



**Breast cancer**

is the most common cancer in women in the United States, except for skin cancer.

## STATISTICS



85% of women who get breast cancer have **NO** family history.



10% of all breast cancer cases happen in women 45 years old and younger.



Black women are 38% more likely to die from breast cancer than white women.

An estimated **42,680** people will lose their lives to stage IV or metastatic breast cancer in 2025 in the U.S.

**Did you know?**

Breast cancer is not a single disease. There are different stages and types of breast cancer that each require different treatments. Learn more about breast cancer at [lbbc.org/aboutbc](http://lbbc.org/aboutbc)

## RISK FACTORS

Your risk for breast cancer is due to a combination of factors. Having a risk factor does not mean you will get the disease, and not all risk factors have the same effect. Talk with your doctor about how to assess your risk.



Those who have inherited mutations to certain genes, such as BRCA1 and BRCA2, are at higher risk



Those who are not physically active have a higher risk of getting breast cancer.



The risk for breast cancer increases with age. Most breast cancers are diagnosed after age 50.



Women with dense breasts are more likely to get breast cancer.

Source: [WhatAretheRiskFactorsforBreastCancer?](http://WhatAretheRiskFactorsforBreastCancer?)

Learn more about breast cancer:

[LBBC.ORG](http://LBBC.ORG)

# Breast health resources

Sharing information about breast cancer during your fundraiser is a great way to raise awareness about breast cancer and encourage friends and family to understand their risk.

We have several tools that you can download and print or share digitally as part of your fundraising efforts.

- **Breast Cancer Facts Infographic:** You can download and print this handy resource or link to it from your fundraising page or emails.
- **Breast Cancer Facts Flyer:** Print this 8.5 x 11" flyer on your own and share at your event or use the information from this page on your fundraising page, in your emails, or on social media.
- **LBBC.ORG:** Our website is full of trusted information and personal stories of people impacted by breast cancer. Some pages you might find helpful include:

- [About Breast Cancer](#)
- [Blog](#)
- [What to say to someone with breast cancer](#)
- [Family & friends](#)
- [Community](#)

## Breast cancer facts

Breast cancer is the most common cancer in women in the United States, except for skin cancers.

About 1 in 8 U.S. women will develop invasive breast cancer over the course of their lives.

Anyone with breast tissue can get breast cancer, even men.

Approximately 15% of women who get breast cancer have a family member diagnosed with it.

In 2025, an estimated 170,000 people in the U.S. live with metastatic, or stage IV, breast cancer. Metastatic breast cancer is breast cancer that has spread to other parts of the body.

For the last 30 years, the mortality rate for breast cancer has been declining. But at the same time, the rate of people diagnosed with breast cancer has been rising.

In 2025, an estimated 42,680 people in the U.S. will die from metastatic breast cancer.

Learn more about breast cancer [lbbc.org/aboutbc](http://lbbc.org/aboutbc)



Black women are 38% more likely to die from breast cancer than white women, despite lower incidence of disease.

10% of all breast cancer cases happen in women 45 years old and younger.

Breast cancers in women under 45 are more likely to be diagnosed at a later stage than older women.

Young women tend to have dense breasts. Mammograms are less likely to find tumors in women with dense breasts.

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View sources at [lbbc.org/statistics](http://lbbc.org/statistics)

Thank you for your support!

