

3DPT HADDON HEIGHTS PRESENTS

WOMEN'S WELLNESS DAY

SUPPORTING LIVING BEYOND BREAST CANCER



October 10th
9:00 AM - 11:00 PM



3DPT HADDON HEIGHTS
500 Grove St #100,
Haddon Heights, NJ 08035

9:00-9:45 AM

HIIT WORKOUT WITH HADDONFIELD FITNESS

10:00-11:00 AM

STAY AFTER THE HIIT SESSION

- FOR LIGHT REFRESHMENTS
- A DIY FLOWER BAR
- MINI ACTIVE RELEASE SESSIONS
- NUTRITION INFORMATION
- FUN RAFFLES!



SCAN TO RSVP

